

Activity 19

Level: 2

Title: Time management



ARRANGE THE SEQUENCE

Carol gets up at 8 o'clock.

5 minutes after she's up, she takes her first blood-glucose reading of the day.

She has a wash and goes downstairs, for breakfast. It's 8.30, by the kitchen clock!

She has a shot of insulin, along with some sugar-free jam on toast and a glass of milk.

The school bus picks Carol up at 8.45. By the time she gets to school and makes it to the playground, there's barely enough time to play, because the school bell rings at 9. Time for everyone to go to class!

Draw the hands, onto these clocks



Carol gets up

She takes her
first glucose
reading

She has a shot
of insulin and
has breakfast

The school bus
picks her up

Time for
class